

PERSONAL INJURY POST

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NOVEMBER 2019



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A Fighter for the People



"To me, law is a challenge. It's you against the other attorney, standing up for the people you represent. My attraction toward that challenge turned into a burning passion to practice law."

How I Became Who I Am Today

I was born in Germany while my father was deployed but have lived in Texas since I was 2 years old, and I couldn't imagine practicing law anywhere else. While I've helped people all across the country, I'm thankful to live in McAllen, Texas, with my family and practice with my team at Garcia & Ochoa.

When I graduated high school, I left Texas for school, but I wasn't out of the state for too long. In 1985, I came back to open a law office of my own as a sole practitioner. As I've continued to work in my home state and help people both in and outside of our community, my office has grown significantly. My team here is extremely qualified, and we practice in several areas of law, which helps us serve our clients near and far.

Like many young individuals, when I first entered college, I was a little unsure about where my path would lead. I went to school in Michigan, and I didn't know what I wanted to do. At one point during my undergraduate experience, law professors from a nearby law school taught one of our classes and they showed us how to approach a few cases. It was very similar to what they do in law school. While we were sitting there listening to these law professors, I started to realize

that I liked the process. The whole scenario and the steps the law professors were explaining were extremely interesting to me.

One of the things that really struck me was the competition aspect. The idea of sitting at a desk reviewing papers all day, every day has never been appealing to me. I played sports throughout my high school and undergraduate years, and I've always enjoyed competing with people. To me, law is a challenge. It's you against the other attorney, standing up for the people you represent. My attraction toward that challenge turned into a burning passion to practice law.

When I first started as a lawyer, I wanted to have a firm of my own. This became even more apparent to me after I graduated and had a hard time getting hired, as many lawyers fresh out of school can attest to. That's when I came to McAllen and started up a practice of my own. I was pretty young at the time, and while I worked to help people and keep my business running, I also learned that so many companies were taking advantage of people who had no one to help them.

I give a voice to those who don't have one, and when no one takes their side, I fight for them and their rights. This is what I've strived for as an attorney, and it's what I do every single day. When you feel like you have nowhere else to turn, and it feels as though the world is pressing in on you, you don't have to face the battle alone. My team and I are here and willing to do everything we can for you and your loved ones.

What 'Lady and the Tramp' Can Teach Your Kids

With Disney+ launching this November, you'll get access to tons of great classics as well as new original series and movies, like the live-action "Lady and the Tramp" remake. While Disney fans are excited about this, the original film is still perfect for the whole family and has some great life lessons for your kids. Here are some of the best takeaways.

Explore the world around you.

"There is a great big hunk of world down there with no fence around it." This underrated quote, said by Tramp, perfectly encompasses one of the main lessons of the film: explore! Life is all about seeing what's out there and testing your limits. Without Tramp's ambition to explore, Lady would never have discovered her love of spaghetti or the joy of running carefree through the city.



Early on in the movie, Lady's comfortable life slips away from her as Jim and Darling Dear welcome their new baby into the household. Jim starts to refer to Lady as "that dog" shortly after the baby's arrival. After getting lost and meeting Tramp, she gains a new life partner and creates a family of her own, showing children that, while change can be a daunting thing to face, it's often for the best and comes with a silver lining.

These are only a few of the lessons highlighted in this Disney classic. Gather the whole family for a fun night in and see what other lessons you can learn. The original film is such a cult classic, but the remake is sure to deliver. It's expected to release on Nov. 12, 2019, so mark your calendars.

Celebrate your differences.

This film celebrates differences and encourages viewers to do the same. Tramp rouses hen houses and avoids dog catchers. Lady was pampered with a fancy dog collar and cushy places to sleep. Despite coming from different ends of the dog park, they find a shared love for adventure and, of course, Italian cuisine.

Embrace change.

Bringing HELP THE GRINCH

On Friday, Dec. 13, Garcia & Ochoa will be hosting the Help the Grinch's Heart Grow Three Sizes Toy Drive at Victor Fields Elementary School. Everyone on our team knows how important Christmas is for every family. It's one of the holidays kids are most excited for because of all the presents. By organizing this toy drive, we hope to spread the holiday spirit of giving, receiving, and love.

Through Help the Grinch's Heart Grow Three Sizes Toy Drive, our team aims to bring joy and the gift of giving to the less fortunate children in the McAllen area. By bringing holiday cheer into their lives, we hope to brighten these children's Christmas experiences and bring a smile to every face.

This year marks the second annual toy drive Garcia & Ochoa has organized. In 2018, we hosted the first toy drive in Victor Fields Elementary and were overwhelmed with the community's generosity. For 2019, we hope to bring the same joy and wonder we did last year.



WE WILL FIGHT FOR YOU

A \$6 Million Victory

Our team at Garcia & Ochoa cares deeply for every person who comes through our doors. We understand they could be facing the most difficult moments of their lives and need our support. In this particular case, our client came to us after receiving an injury that will stay with him for the rest of his life. The attorneys and team members at our firm put all our efforts into giving him the support and peace of mind he needed.

Case Facts: On Sept. 5, 2017, our client was working at a construction site as a contracted painter. He was working with several other painters who were hired at the time to paint the outside of the building they were working on.

At one point, our client had to paint the back of the building, which was close to several powerlines. To ensure his safety and the safety of those he worked for, he asked the assistant superintendent of his contractor whether or not the power lines were out. He informed our client that they were de-energized, and his team proceeded with their work. However, while he was painting, our clients' ladder touched an energized wire. Among other severe and debilitating injuries incurred from this event, he needed a leg amputation, shoulder surgery, and skin grafts.

g Holiday Cheer

'S HEART GROW 3 SIZES



Students and all children in the McAllen area are encouraged to bring in at least one toy to donate. In exchange, they have a chance to take a picture with the Grinch who will be observing students' acts of kindness around the school. We know his heart will be warmed to the core and grow three sizes by watching all the generous students get into the holiday spirit.

The toy drive will be set up in the library or cafeteria of Victor Fields Elementary, where people can drop off their donations and take pictures with the Grinch. We will print all the pictures and then have the wonderful teachers distribute them to the respective students. After the donation deadline, we will return to hand out the

donated gifts to a select group of students. These toys are given to some of the children in Victor Fields Elementary, several local hospitals, and many other homes throughout McAllen.

For more information regarding Help the Grinch's Heart Grow Three Sizes Toy Drive, call the offices of Garcia & Ochoa using the number below.

The Outcome: In this case, our attorneys proved the negligence of the defendants who had not taken our clients' safety into account. Each defendant knew the risk of what our client faced as he painted on his metal ladder next to energized power lines, which he had been told were de-energized. The resulting damage and medical bills he faced after this incident were astronomical. We not only proved the guilt of the defendants but also settled the case for \$6 million. This allowed our client to pay his current medical bills as well as any medical treatments he might need in the future.

Garcia & Ochoa ensures that our clients are taken care of, no matter what difficulties they're going through. Through our dedication, experience, and knowledge, we give each of our clients the compensation they deserve.



Burnished Potato Nuggets

INGREDIENTS:

- 5 lbs russet potatoes, peeled and cut into 2-inch pieces
- 1/2 cup extra-virgin olive oil
- 1/4 cup vegetable oil
- 8 cloves garlic, crushed
- 2 sprigs rosemary
- Kosher salt, to taste

DIRECTIONS:

1. Heat oven to 425 F.
2. In a large pot, pour water over potatoes to cover by 2 inches. Salt water and bring to a boil over medium-high heat. Reduce heat and simmer gently for 10 minutes.
3. Thoroughly drain potatoes and let stand for 10 minutes. Toss gently and season with salt.
4. Meanwhile, combine both oils in a large pan and heat in oven for 10 minutes.
5. Remove pan from oven and add potatoes, turning to coat thoroughly. Return to oven and cook for 30 minutes, turning every 10.
6. Toss in garlic and rosemary and finish cooking for 8-10 minutes.
7. Drain and serve.



Be Inspired

**KEEP YOUR FACE
ALWAYS TOWARD THE
SUNSHINE—AND
SHADOWS WILL FALL
BEHIND YOU.**

WALT WHITMAN

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Supporting the People You Believe In

November is usually all about Thanksgiving, but it isn't the only holiday that encourages generosity. Giving Tuesday is a phenomenal celebration in which millions of people from across the globe are inspired to spend 24 hours giving back to the communities they love.

Origin and Goal

Giving Tuesday is celebrated every year on the Tuesday following Thanksgiving, and this year, the holiday lands on Dec. 31! It was established in 2012 by the United Nations Foundation and New York's 92nd Street Y as a response to consumer-driven holidays like Black Friday and Cyber Monday.

The purpose of the holiday was to spread the spirit of giving, not only for the people in our nation but individuals across the world. The goal is "to create a massive wave of generosity that lasts well beyond that day and touches every person on the planet."

Technology at Its Best

Through the use of social media and technology, the organization hopes to encourage and spread generosity on a global scale using the hashtag #GivingTuesday. The website states that "... technology and social media could be used to make generosity go viral; that people fundamentally want to give and talk about giving." Through massive social media platforms like Facebook and Twitter, the individuals and companies participating in Giving Tuesday can spread their missions and messages all over the world, encouraging others to do the same.

How You Can Celebrate

Now is the perfect opportunity to support your community and the causes you believe in. The best part of this holiday is that "giving" doesn't just refer to donating money. People can give back by volunteering their time to help a nonprofit business, donating goods and food, or just buying a stranger some lunch. Even the smallest actions can have the biggest impact.

If you're interested in participating in Giving Tuesday, get together with your friends, family, sports team members, or neighbors to brainstorm on how you can give back. To learn more about how you can participate, visit **GivingTuesday.org**.

**Celebrating
Giving
Tuesday**